

Universal To Do List

Taken from

BLAST



Business, Life And Success, Transformation

by

Amanda Tooke

"The Angel Mystic"

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BLAST Your Business into Success

Hey, great you want to learn how to get more done in less time.

Time is the greatest commodity we all have and in business it can often be very short supply. This is especially if you work for yourself and have to wear many hats to get everything done.

I have discovered one thing that works a treat for me and my 1:1 VIP clients and want to share it with you.

I am sure you have lists, be it in your head or written down. You may be even really organised and have daily jobs and schedule everything. Or, maybe you get so overwhelmed when you do a list that it defeats the object.



I discovered a long time ago how satisfying ticking off on a list can be but also how frustrating it is when you never get to the bottom of the list.

Since discovering about my Angels in 2000 and professionally helping others connect with theirs since 2009. My role as an Angelic Spiritual Consultant has been varied from helping people connect on a personal level and now in business too!

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Angels can help in so many ways, but the one way I love to use them is by getting more done and I encourage you to be open to trying this. After all you don't even need to tell anyone about it until you have proven that it works. Believe me then you will want to tell the world.

There is one thing I want to make clear before you start this some really important information. Whilst I am a psychic and have a successful spiritual business. To do this you **don't need to be psychic or have any special spiritual gifts.**

I have helped so many people already who have "normal" businesses and this works for them too. This is the reason why....

We all have Angels assigned to us, waiting till help up with everything. However, they can't help you until they have been asked.

The Universal "To Do List"

Requirements:

- Pen
- Paper
- An open mind (don't knock this stuff till you have tried it)

Instructions:

- Write down all you need to do on one big list. (I personally like do that on paper)
- Next re write the list and make two lists next to each other with headings "Me To Do" and the other "Angels/Universe To Do". (I like to do this on my white board then I can amend it daily)
- Under the "Me To Do", write all the things you need to do today only or the most urgent.
- Under the "Angels/Universe To Do", write all the other things that were left on the paper.

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TO DO	
ME	ANGELS + UNIVERSE
Create opt in Newsletter	Get more bookings
Reply to emails	Find venue
Invoice V.I.P.	Find V. A.
Place order	Get asked to blog
	Bein Magazine

Here is one of mine as a guide. Hope you can read my writing though!

By doing this everything is on your list. You have prioritised. Most importantly you have asked the Angels and Universe to help you. They will do their upmost to sort out their side of the list for you. They don't mind how you ask, there doesn't need to be anything "fluffy" or "woowoo" in working with "The Upstairs". This To Do List is a very practical demonstration of it.

As you go about your day getting on with YOUR list of things To Do, just watch as you can tick things off the Angels and Universe side, the list just gets completed without you doing anything.

This actually works. Things magically get achieved without you even trying to do them. It stops overwhelm and makes each day more productive.

Here are some of my favourite things to put on "Angels/Universe To Do"

- Bring in new ideal clients
- Bookings
- Have my target of sales I want to achieve
- PR opportunities
- Social Media following increasing
- Increase on sign ups for mailing list

You can put whatever you like on it. So many things will happen when you start to do this, it happens like magic. Give it ago what have you got to lose?

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This is just one things your Angel Assistant can help you with. In my BLAST programme I cover other things about getting the energy right so **clients and customers just FIND YOU**. I mean that honestly without even marketing. It happened to me with my VIP programmes I filled them all without even creating a webpage. Hand on heart this is true. So if you are **serious about transforming your business with ease. Want to make marketing easy and get business success you deserve.**

BLAST will:

- Help you create enough time to work on your business
- Get the work/home life balance right
- Overcome procrastination
- Help you find solutions to your business overwhelm
- Bring the right clients and customers to you
- Help you find the right words in sales conversations
- Help you find lost items or that document that has gone missing on your PC
- Parking spaces and trouble free travelling

B.L.A.S.T is an extensive programme here are some of the things it will cover:

- The Life & Business Envisioning Tool for goal planning
- Information energy and manifesting, explaining the language the Universe understands
- Getting out of your own way & stepping into your personal power
- Creating powerful affirmations: general & specific to a task or goal
- Exploration of why feelings are so important
- Moods and creating the right one fast to manifest your goals
- Happy space & visualization
- Developing your intuition
- Dealing with negativity
- Goals and rewards
- Gratitude
- How the impossible becomes possible
- Act the part
- Recall
- Building self-esteem and confidence
- Limiting beliefs and blockages
- Setting intention
- How to receive
- Staying positive

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- Effective time management
- Finding your ideal client
- Are you where you want to be? If not, why not?
- Strengths and weaknesses
- Creating extra income
- Characteristics and qualities
- How to find others to help you
- De-cluttering and making a productive workspace advice
- Being in alignment with your prices
- Hearty marketing
- Vision boards and tools
- Your Angel Assistant
- Looking after you
- Getting work and home life balance correct
- Troubleshooting
- Each module has a worksheet too!

Plus lots more and in the private forum I will share extra tips from my "business tool box" so you can get you biz mojo back. Please go to www.theangelmystic.co.uk/blast2 where you will find full details of this extensive programme and testimonials of others that are already seeing the success in their business by following it.

More about Amanda:



Amanda Tooke is an Angelic Spiritual Consultant, Author and Reiki Master. Her work is about helping others step out of their “Spiritual Closet” and embrace their spiritual side for a life flowing with ease and synchronicities, in a very grounded and practical way. This has all come about by experiences and difficulties in her own life, which now she considers blessings and important lessons.

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Amanda takes great pride in her work and everything she does is to support others all in fun and easy to understand way. Whilst she herself is a practicing psychic, she believes you don't have to be to experience support from your Angels. They can help you in daily life, from emotional support to real practical help. Amanda has a range of products such as:

- Angel Cards
- Meditation CD's
- Candles
- Book – Do I have an Angel?
- Self Study Programmes
- On line workshops

And invites some clients to work one to one with her on her VIP programmes to spiritually develop and manifest a life they thought they could only dream of.

She also offers readings and clarity & clearing sessions via Skype, phone and email. According to the huge amount of testimonials she has received and the regular clientele they are incredibly accurate and leave clients feeling positive.

Full details can be found at: www.theangelmystic.co.uk